



WE CAN'T WAIT TO HAVE YOU JOIN OUR MAGIC CITY ALL STAR FAMILY!

We are a family owned and operated facility with two locations in Birmingham and Pike Rd. Since we began our all star cheerleading program 12 years ago, we have enjoyed increasing success each passing year! We build strong, confident athletes that not only learn proper cheer technique, but also how to develop a goal setting mindset through team work and repetition. We focus on fine tuning every detail of their routine and sweat the small stuff so that they develop strong cheer fundamentals and foundations that we then build upon throughout the season and years to come as as we increase the difficulty of their skills. We

strongly believe that success originates from the dedication and commitment of our athletes and parents. We encourage positive attitudes and respectful behavior among our athletes. Our goal is to develop the strongest squads possible, as well as instill qualities and values that last a lifetime. We look forward to welcoming your family to ours!

INFORMATION Key Things To Know:

- 1/week practices in the summer (includes 1 hour long tumbling class)
- 2/week practices August-March (includes 1 hour long tumbling class)
- 2 choreography summer camps
- All costs are included in this document. We will not require you to pay for any additional items not listed in this document!
- 4-5 competitions spread out over the months of December-March. IF your team receives a first place bid to an end of the season event, your team will practice in April as well and your final competition will be the 1st or 2nd weekend in May.
- No practice the week of Thanksgiving, 2 weeks at Christmas, and the week of Spring Break!
- Get ready to watch your athlete gain confidence, build strength and coordination, and take their skills to a whole other level that can only be accomplished by doing teams!!

TRYOUT INFORMATION / TEAM SELECTION

TRYOUT DAYS/INFO:

Cost per athlete -

- FREE for current athletes who will pay May Allstar tuition (Vulcan and Lady Legion athletes only).
- \$75 for all other athletes.

Step 1: All athletes must register online for evaluations. If your athlete is currently on Vulcan or Lady Legion, go ahead and signup and pay the eval fee.



We will apply a credit to your May tuition for \$75.

To register, visit our class registrations page from the website and look for the class titled "Magic City Allstar Team Evaluations".

Please see skill grid below to determine which level your athlete will be trying out for and to see WHAT TIME they will show for team evaluations. If you have any questions about which session your athlete should be attending, please ask Coach Kendall in person or email Allstars@mccheer.com

Step 2: Your athlete will attend 3 days of evaluations. Evaluations at Magic City are essentially low-stress workouts. During the evaluations, athletes show skills they have developed and demonstrate a potential to learn new skills. Athletes are given numerous opportunities to show skills over a couple of days. This also gives athletes and our coaching staff time to get acquainted with one another.

Day 1: Tumbling Evaluations - Friday, May 17

Day 2: level appropriate Stunting/Flyer body positions - Saturday, May 18

Day 3: level appropriate stunting, introduce elite level stunting - Sunday, May 19

TEAM SELECTION

After the final tryout session, the staff will assemble rosters for the upcoming season. There are many things considered when placing athletes and forming teams. Athlete individual skills, experience, age and what would form the most competitive and successful team. After rosters are set, athletes (or parents) are contacted by email to let them know the results of tryouts by Monday evening May 20th.

Team Packets will be due Wednesday May 22nd. Once your packet is turned in, you're fully committed for the 2024-2025 season. (You can email a copy of the last page signed by both parent and athlete to allstar@mccheer.com)

DAY 1 May 17th:

LEVEL 1	4:00pm - 5:00pm
LEVEL 2	5:00pm – 6:00pm
LEVEL 3 + 4	6:00pm – 7:00pm

DAY 2 May 18th:

LEVEL 1	11:00am - 12:00pm
LEVEL 2	12:15pm - 1:15pm
LEVEL 3 + 4	1:30pm - 2:30pm

DAY 3 May 19th:

LEVEL 1	12:00pm-1:00pm
LEVEL 2	1:15pm - 2:15pm
LEVEL 3 + 4	2:30pm - 3:30pm

SKILLS GRID

Athletes need to have <u>all</u> standing and running tumbling skills listed below to tryout for the desired level. If your athlete has some skills but not all listed in the desired level we ask that you tryout for the level below. Athletes will NOT be held back regardless of what level team they do! We have athletes that have higher level tumbling skills than their competition level every single season and they continue to progress and advance in their tumbling throughout the season. We want to set our teams up for success and stacking our teams with elite level appropriate tumbling skills plays a big role in that.

	STANDING TUMBLING	RUNNING TUMBLING
LEVEL 1	 BACK WALKOVER/ SWITCH LEG BACK WALK OVER FWO VALDEZ HANDSTAND FORWARD ROLL 	- CARTWHEEL BACK WALKOVER - ROUND OFF
LEVEL 2	- BHS - T-JUMP BHS - BWO BHS - BHS STEP OUT	- ROUND OFF BHS SERIES - FWO ROUND OFF BHS

LEVEL 3	- BHS SERIES - JUMP TO BHS	- ROUND OFF BHS TUCK - PUNCH FRONT
	- BHS STEP OUT	- AERIAL
		- FWO BHS TUCK
LEVEL 4	- STANDING TUCK - BHS TUCK - BHS SERIES TO TUCK - CARTWHEEL TUCK	 ROUND OFF BHS LAYOUT PUNCH FRONT THROUGH TO LAYOUT/ TUCK THROUGH TO LAYOUT/ TUCK ROUND OFF WHIP TUCK/ LAYOUT FRONT HANSPRING FRONT THROUGH TO LAYOUT/ TUCK
	- JUMP BHS TUCK	

10-12 Month Commitment

Magic City All Stars will be a 10 month commitment in the "Regular Season" and a 12 month commitment for "Bid Teams". The season will begin in June and end in March for all teams. **UNLESS** your team receives a bid to an "end of the season" event. Competition producers offer an end of the season event every year that typically happens the first or second weekend in May. THIS SEASON: we will only be attending an end of the season event if the team receives a bid. If some of our Magic City teams receive a bid, we will only be taking the teams that receive a bid. This will give every single competition leading up to the end of the season NEW purpose and dedication. Every competition selected will be a bid qualifier to an end of the season event. Every competition we compete at during the season will matter and have a bigger goal in mind for our athletes.

- To earn a bid your team must win first place at one of the 4 or 5 competitions we attend in the regular season.



- If your team does not receive a bid to an "end of the season" event their final competition will be held in Destin, FL in March. All teams will be competing at this competition whether they will be moving onto an end of the season event or not. This will be a two day competition that will feel big and exciting in it's own right and still be something to look forward to and train for (This competition will also be a qualifier for an end of the season event).

- If your team DOES receive a bid to an end of the season event we WILL practice for an additional 2 months (April and May). All athletes will be required to pay their monthly tuition for an additional 2 months (April 1st and May 1st). No exceptions. If an athlete decides they do not want to continue on with their team to the end of the season event they will be required to pay the buyout fee (see below for buyout fee details) and this will be considered quitting the team.

EXPENSE INFORMATION

All Star Tuition (monthly fee):

\$350 monthly June - March.

If your team earns a bid you will be expected to pay an additional \$350 in April and May.

Uniform (one-time fee):

\$350-\$375

• We will be getting new uniforms this season! We will keep the same uniform for 3 seasons in a row. Your athlete will be able to use their

uniform for up to 3 seasons or have the option to purchase/sell used uniforms in the future.



Bow (one-time fee):

\$40

Two practice tanks and two practice wear bottoms (one-time fee):

\$175 - \$250 (all 4 pieces included in the one price)

• We will purchase new practice wear every season.

USASF athlete registration fee (one-time fee):

\$49

Team Mom Fee (one-time fee):

\$50

• This will be collected by our team moms at the beginning of the season and will go towards purchasing gifts and parties for our athletes throughout the season.

UNIFORM FITTINGS + Payment

We are going to get our uniform and practice wear order in by June to receive all of the early ordering discounts. As of now, we are planning to size for uniforms and practice wear AT tryouts. Payment for uniforms and practice wear will be due

early June. We will not receive our uniforms until the Fall but practice wear will arrive by July 1st.

MONTHLY ALL STAR TUITION PAYMENT OPTIONS:

Please choose from one of the following payment plans listed below. <u>If you're</u> paying by Option 2 please let us know before June 1st by email

allstars@mccheer.com.



Payment Option 1:

- Pay \$350 per month June March
- Monthly tuition will be auto drafted from your account on the 1st of every month.
- Form of payment accepted with Option 1: Debit/credit card on file.

Payment Option 2:

- Pay in full by June 1, 2024
- Full amount due by June 1— \$3,500
- Form of payment accepted with Option 2: Check, cash or card on file.

CHOREOGRAPHY

Every member of each team is required to attend choreography camps throughout the summer. Choreography is essential to our athletes so we can see what they are capable of in a routine setting as well letting the team form bonds. Attendance is mandatory and important. In order to receive the best material from our choreographer every member has to be there. Please plan vacations in the summer accordingly. If athlete does not attend choreography this puts their position on the team in jeopardy. Choreography camps are in addition to weekly practices during the summer. Choreography camps are mandatory. Summer practices can be missed (see absences defined below).

Choreography camp 1:

Last week in June: June 24th - June 28th

Camp times will be set by June 5th



Choreography camp 2:

Last two weeks in July: July 15th - 26th

Camp times will be set by June 5th

All camps will be Monday - Friday. No practices or camps on Saturday and Sunday over the Summer.

TEAM PRACTICES

Practice attendance is absolutely mandatory and compliance with the attendance policy will be strictly enforced. An athlete's team position will be jeopardized for non-compliance with any of the attendance policies.

Each team will practice twice a week for 2 hours each practice. One practice will be held during the week while another may be held on Sunday (Fall and Spring only). Some teams will have both practices during the week. Summer practices will start the first week of June. Each team will have a designated primary coach along with the all star director to help relay any important information to parents during the season. Teammates are expected to treat one another with mutual respect. We do not tolerate pettiness, gossiping or cliques, which attempt to exclude or alienate certain members. Back talk, rolling of eyes and any other disrespect for instructors or teammates is unacceptable. A problem between a student and staff member will first be addressed between student and coach/director. If not solved, a parent will be notified of the problem or infraction of the rules and will be expected to assist the instructor in solving the problem. We will handle any disciplinary problems privately and professionally.

MEET OUR TEAMS!

Tiny Barons- Novice Level 1

Steel- Elite Level 1

Vulcan- Prep Level 2

Iron Elite- Elite Level 2

Lady Legion- Prep Level 3.2

Legacy- Elite Level 3

These teams are potential and we may not fill every single one/add additional teams. Our athletes skill abilities at tryouts will determine which teams we have for the 2024-2025 season. Each team will have 9-15 athletes.

NEW TEAM THIS SEASON: NOVICE LEVEL 1

Meet TINY BARONS! Magic City Allstars will have a Novice Level 1 team this season and we are so excited to offer this division for our first time athletes who are ages 5-6 yo. This will be a perfect intro into competitive cheerleading and set our little's up for success in a big way as they begin their allstar cheerleading career.

Only differences for our Novice Level 1 compared to our other Prep and Elite Teams:

- For ages 5-6 yo
- 1 weekly practice + 1 weekly tumbling class throughout entire season
- Monthly tuition: \$215
- Full season: June March (no bid competition in May)

NEW TEAM THIS SEASON: PREP LEVEL 3.2

Meet the NEW LADY LEGION! Magic City Allstars is hoping to have a Level 3.2 this coming season which means the athletes will compete with Level 3 stunts and Level 2 tumbling. This team will be perfect for our athletes who do not have solid tucks yet but have competed with us before and are ready for harder level stunts! This team will have regular practices, cost and competitions that all other Prep and Elite teams have at Magic City.

CLOSED VS OPEN TEAM PRACTICES

We have wrestled with the decision on keeping practices OPEN to parent viewing or CLOSED. We have always kept practices open in seasons past and believe in an

open door policy. With that said, every year we experience issues from a very small number of parents not liking the way a practice is being ran and will choose to walk on the floor to discuss said decisions or even pull their athlete from practice. This is absolutely not allowed and extremely disrupts the flow of practice, our teams progress and especially the progress of the athlete being pulled from practice. We have chosen to KEEP practices OPEN for the 2024-2025 season BUT have the right to



close them at anytime if issues arise. The parent viewing area is for just that, viewing your athlete doing the sport they love! Please do not use this time to speak negatively about another athlete or coach to those around you. If a parent has a concern during a practice please setup a time for you and coach to jump on a call or meet in person afterwords. A fellow parent cannot do anything about your concerns BUT the Coach CAN! Take your concerns to someone who can do something about the issue. One negative parent can ruin the entire season for a team so we need our parents support throughout the full season and to keep their conversations positive to those around them to preserve everyone's team experience.

Summer Session Practices

- The "summer session" practices begin in June and end at the end of July.
- Summer session includes one (1) weekly two hour practice and one (1) weekly hour long tumbling class. Total hours at the gym during the summer is three (3) hours per week.
- Tumbling class will be a team tumbling class and must be taken at that given time. We will work on routine/group tumbling timing as well as individual tumbling skills during the hour class.
- Practices will be scheduled Monday Thursday only during summer session.
 No weekend practices during summer.

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Competition season practices

- The "competition season" begins in August and ends in March (or May for bid winning teams).
- Competition season includes two (2) weekly practices and one (1) weekly tumbling class. Each practice will be 2 hours. Total number of hours spent at the gym will be five (5) hours per week.
- Tumbling class will be a team tumbling class and must be taken at the given time. We will work on routine/group tumbling timing as well as individual tumbling skills during the hour class.
- Practices will be scheduled Sunday Thursday.
- If an athlete is absent from practice for any reason, whether excused or unexcused, he or she is responsible for learning all routine changes made prior to the next practice.
- Although not likely, practices may be changed or added at any time throughout the season.

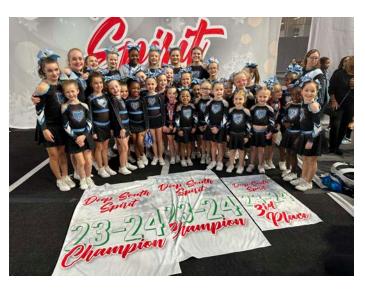
TEAM ABSENCE ALLOWANCE AND PROTOCOL

Team Absence Allowance and Protocol

Athletes are only allowed three (3) total absences (excused or unexcused) during the Summer Session and three (3) unexcused absences during Competition Season. During competition season (August- March) middle school and high school cheerleaders are allowed two (2)



unexcused absences and non-school cheerleaders are allowed three (3).



Our school cheerleaders are able to arrive late to practice when they have school cheer practice or a game that conflicts with our practices which is why their unexcused absences is a smaller number.

- After you have reached the maximum number of absences, in either session, a mandatory

meeting with your All Star Director will be set. In addition, after maximum number of absences is exceeded, parents will be billed an additional \$50 per absence.

- When athletes reach the maximum number of absences, he/she may be placed as an alternate, removed from choreography and/or removed entirely from team. If you are removed from the team due to absences, you are still required to pay the buyout fee.
- Unexcused absences are NEVER allowed the week prior to a competition. If an athlete is absent, he/she may be removed from the routine for that event. This is at the sole discretion of the Owner and All Star Director.
- If a parent chooses to withdraw an athlete from a competition, for any reason, there will be a \$250.00 missed competition fee charged to your account.
- Missing a competition without prior notice, and/or approval, may result in immediate dismissal from the program. This is at the sole discretion of the Owner and All Star Director. If you are removed from the team due to absences, you are still required to pay the buyout fee.

Absences Defined

Excused Absences

Absences that will be accepted throughout the 2024-2025 season.

- School functions that result in a grade. (Proof will be required)
- Required official school cheerleading and sporting events. (Schedules will need to be provided at the beginning of every month.)
- Excessive school absences or extracurricular activity absences may alter an athlete's routine position.

Unexcused Absences

Absences that do not meet the above allowances that are unexcused will remain at the sole discretion of the All Star Director. Please be prepared to show documentation from a teacher or coach outside of Magic City. Examples include:

- Academics: Academics are a high priority and Magic City stresses the importance. Athletes can not miss practice because they have to study for a test. This will help them prioritize schoolwork ahead and after practice with proper time management.
- **Extra-Curricular Activities and Jobs**: Extracurricular activities and jobs need to be scheduled around the commitment to Magic City.
- **Church**: Church is an understood priority at Magic City and with many of our families; however, absences related to youth groups, retreats, etc., are unexcused.
- No Show absence: If an athlete or parent fails to communicate that they
 will not be in attendance on a practice day that will be classified as
 unexcused. There needs to be a form of communication stating why the
 athlete will not be in attendance via email.

Absences Defined (continued)

Illness, Injury and Unexpected Family Emergency: Magic City understands that an unexpected absence may occur due to an Illness, Injury, or Family Emergency. (More info defined below).

Illness: Athletes are expected to be at practice unless they have a fever, as fever can mean that an athlete is contagious. Practice participation will be situation-based and at the coach's discretion. A doctor's note listing the treatment and length of recovery should be sent to the All star Director via email. If a note is not presented it will be considered unexcused.

Injury: In the event that an athlete is injured, you should notify your coach immediately. Please provide a doctor's note with information details concerning the prognosis, recovery time and any change in circumstance affecting their ability to perform.

- We will re-choreograph routines based on the athlete's injury and length of recovery. It is not guaranteed that an athlete will be choreographed back into the same spot of the routine upon recovery.
- Injured athletes must continue with payment in full.

Unexpected/Family Emergency: Contact your All Star Director, team coach/ team rep ASAP. We will never require proof of a family emergency, but we do expect our athletes as well as parents to be honest when communicating something this severe.

GYM CLOSURES

The following holidays are available for vacations throughout the 2024-2025 calendar year.

Memorial Day (May 25 - June 2)

July 4th Break (July 1 - July 5)

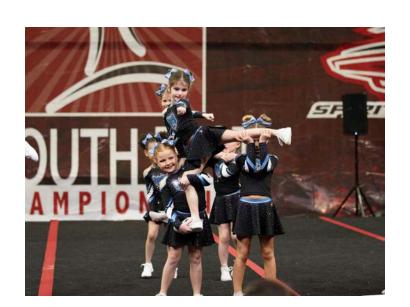
Labor Day (September 1 - September 2)

Halloween (October 31)

Thanksgiving (November 25 - November 29)

Christmas, Hanukkah and New Year (December 20 - January 4)

Spring Break (March 24 - March 28)





COMPETITIONS

-Every team will go to a minimum of 4 to 5 competitions, and at most 6 if their individual team receives a bid. The competition schedule will be released August 2024.

-First competition will always be a local/drivable comp in December.

- No team will do more than 3 out of town competitions in one season.
- A typical competition season COULD look like:
 - o Local/drivable comp in December
 - o Local/drivable comp in January
 - o Local/drivable comp in February
 - o Second local/drivable comp in February
 - o End of the regular season comp in Destin, FL in March
 - o If your team wins a bid to an end of the season event their last competition will be in May. Locations could be/but not limited to Nashville, Orlando, Atlanta, Destin.

THINGS TO KNOW

Please read thoroughly, we understand as a gym that athletes of all skill level face challenges, but we want them to be able to overcome and conquer them. A lesson they will take with them through life.

We believe in perfection before progression. We will not allow athletes to learn advanced tumbling skills before perfecting their basics. If parents and athletes cannot be patient and do not have a clear understanding of our teaching methods, they should reconsider being apart of the all star program at Magic City. Proper Technique is everything! Only perfected skills will be choreographed in a Magic City routine. Parents are not allowed to spot their children on Magic City property. Absolutely NO unsupervised tumbling! An instructor must be present at all times.

Athletes selected as flyers must maintain flexibility and skill requirements. Selected flyers unable to meet the level requirements must learn to base,



everyone cannot be a flyer. In addition, mandatory tumbling will be required for athletes who do not maintain the level skill requirements. Tuition does not pay for the right to perform. Individuals must meet the level skill requirements in order to compete. Mandatory tumbling will be assigned as needed. Students can be moved to another position if they do not maintain the skill requirements.

Magic City reserves the right to change a team's division and level at any time throughout the season. The owners have complete discretion when deciding the end of the year events regardless of bid status. Paid bids will be allocated to the athletes who take the floor at the final event regardless of your participation when the bid was earned. Paid bid allocation is solely for the number of athletes on the floor for the final event. It does not include alternates or injured athletes. Athletes are expected to fulfill the contractual season by attending all end of the year events.

Athletes will face a two-week probation if they do not maintain skills, after the two weeks if they have successfully regained their skills, they will remain on their team. If an athlete does not gain skills back after probation period, they will either

be moved down a level or be removed from program. Only one probation period is allowed per athlete during the season.

BUYOUT FEE

Magic City All Stars is a 10-month commitment in the regular season and 12-month commitment for full season. The season will begin June 3, 2024, and end March 31, 2025 for regular season teams. **Bid winning** teams will extend their season through May 23, 2025. If at any point during the season you decide that you no longer want to compete with Magic City All Stars, a meeting must occur with the athlete and Coach. All payments must be made for any outstanding uniforms and practice wear that has been purchased. A "buyout" of \$1,500 (**Plus attorneys' fees) will also be charged to your account regardless of when you quit. If your team earns an end of the season event and you choose to not continue on with your team in April and May this will be considered quitting and you will be required to pay the buyout fee. If you decide for any reason to leave the squad, you also will be responsible for all uniforms and items we have already purchased for you. The buyout fee is to cover all competition and registration fees. The moment you turn in your team packet you are officially committed to Magic City All Stars.

** Attorneys' Fees: If any action at law or in equity is necessary to enforce or interpret the terms of this agreement, the prevailing party shall be entitled to reasonable attorneys' fees, cost and necessary disbursements in addition to any other relief to which such party may be entitled.

STILL HAVE QUESTIONS?

Setup a phone call with Coach Kendall! Email us at <u>allstars@mccheer.com</u> to setup a time.

COMMITMENT TO EXCELLENCE

As the parent/guardian and athlete, we have read and completely understand the rules, requirements and regulations as outlined in our MC team packet. We promise to uphold and abide by the rules set forth herein and contractually enter into the agreement that we are committing to be a Magic City All Star for the full 2024-2025 competitive season.

I have read and understand our 2024-2025 team packet and attendance addendum. I have also read the Financial Policies and Procedures here and online. I understand that it is my responsibility, as a parent/guardian, to follow through with my child's financial obligations associated with tuition and other fees during the 2024-2025 competition season. Should I fall behind or fail to make payments, I recognize that my child's involvement with the MC All Stars program will be jeopardized. I also understand that if my athlete quits or is released from one of MC All Star teams, at any point throughout the season, I will be financially responsible for the buyout fee, including uniforms and other gear that was ordered for my child. I understand that these fees are expected to be paid in accordance with the assigned monthly schedule.

Please sign below and turn into Coach by WEDNESDAY May 22, 2024. Please make a copy of the above team packet to keep for your records.

Athlete Name	
Parent/Guardian Name	
Athlete's Date of Birth (MM/DD/YYYY)	
Parent/Guardian Signature + Date	